

The value of each of your hours--even each of your minutes....is something to bear in mind once you review your daily record. Look at your time, as "money to invest." At your day-end summary,congratulate yourself for "good investments"...and also pinpoint any areas that may not bear as high a yield.

Keep in mind that the time you 'invest" is not exclusively your own. Your time investments also involve persons who report to you and those individuals time you consume. Consider those costs as well.

Salary Year	Salary Week	Benefits= 40% Total Salary	Total Week	Value Per Hour	Value Per Minute
\$ 5,000	\$ 96	\$ 38	\$ 134	\$ 3	\$ 0.06
6,000	115	46	161	4	0.07
7,000	135	54	189	5	0.08
8,000	154	62	216	5	0.09
\$ 9,000	\$ 173	\$ 69	\$ 242	\$ 6	\$ 0.10
10,000	192	77	269	7	0.11
15,000	288	115	403	10	0.17
20,000	385	154	539	13	0.22
\$ 25,000	\$ 481	\$ 192	\$ 673	\$ 17	\$ 0.28
30,000	577	231	808	20	0.34
35,000	673	269	942	24	0.39
40,000	709	308	1,077	27	0.45
\$ 45,000	\$ 865	\$ 346	\$ 1,211	\$ 30	\$ 0.50
50,000	962	385	1,347	34	0.56
55,000	1,058	423	1,481	37	0.62
60,000	1,154	452	1,616	40	0.67
\$ 65,000	\$ 1,250	\$ 500	\$ 1,750	\$ 44	\$ 0.73
70,000	1,346	538	1,884	47	0.79
75,000	1,442	577	2,019	50	0.84
80,000	1,538	615	2,163	54	0.90
\$ 85,000	\$ 1,635	\$ 654	\$ 2,289	\$ 57	\$ 0.95
90,000	1,731	692	2,423	61	1.01
95,000	1,827	731	2,558	64	1.07
100,000	1,923	769	2,692	67	1.12
\$ 125,000	\$ 2,404	\$ 962	\$ 3,366	\$ 84	\$ 1.40
150,000	2,885	1,154	4,039	101	1.68
175,000	3,365	1,346	4,711	116	1.96
200,000	3,845	1,538	5,384	135	2.24