

Underearner's Anonymous - Action Meeting Format I: Developing a Prosperity Vision and Initial Action Steps

We organize action meetings with other UA members to discuss our earning concerns and generate actions that will bring more prosperity into our lives.
from the UA Tools

This is a guideline for an Action Meeting, designed to facilitate two people helping a third to express his or her prosperity concerns and, then, to generate specific actions based on those concerns. Use whatever best serves your group and the individual you've come together to support.



- ❖ **“We” version of the Serenity Prayer**, or the Third Step prayer (reprinted at end) can be appropriate -- or the person for whom the Action Meeting is being held may read or recite something of his or her choosing.
- ❖ **Read a prayer or statement of intent** or something you feel is relevant from UA or Twelve Step Literature, before you begin your work together.
- ❖ **Brainstorm — What does prosperity look like to you?**
 - Write or say as many words, concepts or images that come to mind. (your action partners may “scribe”) 2-3 min.
These are your Prosperity Elements.
 - When complete, read the list of your Prosperity Elements.
 - Go back and circle the items that are the most important.
 - Share anything you like about the list with your action partners.
 - What did you leave out? Add any additional items and explain.
- ❖ **Define three Prosperity Categories**
 - What three categories could include all, or most, of your prosperous elements listed. Discuss if necessary.
 - On a second sheet of paper, make three columns and write one category at the top of each column.
 - List all the items from your prosperity list under the appropriate category
- ❖ **Next, Define Actions ...**

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❖ **Define Actions ...**

- Based on your three categories and the prosperous elements listed under each.
- Create actions for each category.
- On a third sheet of paper, create your three columns again and write Actions you could take under each category.

Serenity Prayer – We version:

“God, grant us Serenity to accept the things we cannot change, Courage to change the things we can and Wisdom to know the difference.”

Taken from the Third Step Prayer:

God, I offer myself to you—to build with me and to do with me as you will. Relieve me of the bondage of self, that I may better do your will. Take away my difficulties, that victory over them may bear witness to those I would help of your power, your love and your way of life. May our work here together be guided by God's will.